



Human Activity Tracker and Recognition

Vishisht Ranjan Saxena¹, P. Singh², Avimanyou Vatsa³

^{1,2}Amity School of Engineering and Technology, Amity University Uttar Pradesh, Lucknow Campus, India

³Fairleigh Dickinson University, Teaneck, New Jersey, USA

¹vishisht.saxena@gmail.com, ²pawansingh51279@gmail.com, ³avimanyou_vatsa@fdu.edu

How to cite this paper: V. R. Saxena, P. Singh and A. Vatsa, "Human Activity Tracker and Recognition," *Journal of Management and Service Science (JMSS)*, Vol. 03, Iss. 02, S. No. 044, pp. 1-20, 2023.

<https://doi.org/10.54060/jmss.2023.44>

Received: 07/06/2023

Accepted: 01/08/2023

Online First: 02/08/2023

Published: 25/11/2023

Copyright © 2023 The Author(s).

This work is licensed under the Creative Commons Attribution International License (CC BY 4.0).

<http://creativecommons.org/licenses/by/4.0/>



Open Access

Abstract

Human Activity Recognition (or, HAR) is a piece of software that uses AI algorithms to recognize and categories human physical activity. By analyzing signal data from multiple sensors such as accelerometers, gyroscopes, and magnetometers, the system is meant to recognize and categorize physical activities such as walking, running, leaping, ascending stairs, and others. To recognize human activity patterns, the HAR system employs signal preprocessing, feature extraction, and classification algorithms. The use of simulated intelligence techniques such as deep learning computations, convolutional brain organizations, and supporting vector machines has improved the display of HAR frameworks. The system may be utilized for a variety of purposes, including security, sports, fitness, and healthcare. In general, the HAR framework provides a beneficial value to robotized human activities. Man-made reasoning (Artificial Intelligence) plays an important role in Human Activity Recognition by allowing frameworks to learn and adapt to new conditions. In general, the HAR framework is a beneficial asset to robotized human movement recognition, working with the advancement of clever frameworks that can research human behaviour and work on personal fulfilment. Overall, Human Activity Recognition Using Computerized Reasoning is a promising innovation that enables intelligent frameworks to perceive and group human activities gradually. This breakthrough has the potential to disrupt several businesses and improve people's personal pleasure by enabling personalized medical treatment, improving game execution, and improving street safety. The creation of this software sets the path for more study into themes such as the relationship between individual health status and physical activity. Overall, creating a fruitful Human Action Acknowledgement project utilizing recordings necessitates a broad understanding of AI and Profound Learning methods. As a result, success of this project highlights the value of creativity and perseverance in learning. Finally, it is the initial step towards developing more advanced systems that will improve people's lives in the future.

Keywords

Deep Learning, Machine Learning, Artificial Intelligence, Human Activity Recognition, Python, Dataset, Working Model, Feature Extraction



1. Introduction

Many elements of human existence have been transformed by technological improvements, including health and wellness, which have experienced substantial advances. Mechanical advancements have encouraged the development of various gadgets and programs that have enabled individuals to follow their proactive actions, monitor their wellbeing, and make critical lifestyle alterations to work on their prosperity.

One of the most recent inventions that has transformed the health and wellness sector is Human Activity Tracker and Recognition Using Artificial Intelligence (HATARAI). The innovative device HATARAI uses sophisticated sensors and AI computations to monitor human activity and recognize various real-world phenomena. The technology, which is based on how artificial intelligence (AI) is employed, seeks to deliver pertinent and accurate data on human activities to aid in understanding and enhancing health.

Human Activity Recognition, which involves artificial thinking, has recently received a lot of attention. This breakthrough has evolved from traditional activity recognition approaches, resulting in the development of sharp frameworks that can continually perceive and characterize human activity. Human Activity Recognition refers to the process of recognizing and decoding human actions and behaviors using various sensors and information handling processes. These activities might range from simple things like walking to more complicated things like driving a car or playing sports.

Man-made reasoning (artificial intelligence) plays an important role in Human Activity Recognition by allowing frameworks to learn and adapt to new conditions. Artificial intelligence processes such as AI, Profound Learning, and PC Vision are commonly used to produce and analyze data. AI processes, such as AI, Profound Learning, and PC Vision, are commonly employed to design and prepare models to perceive human workouts. These approaches enable frameworks to learn from information, identify examples, and make wise decisions based on the characteristics of the information.

The use of sensors in Human Activity Recognition is essential for gathering information and producing experiences. These sensors may be found in anything from smartwatches and fitness trackers to cameras and receivers. The data from these sensors may be examined to isolate relevant parts that can be used to characterize various human activities. Development designs, speed, speed increase, direction, and discourse designs are examples of these aspects.

AI computations are typically used to train models to recognize human movements in light. AI computations are typically utilized to construct models to perceive human exercises in light of the extracted highlights. These computations can be handled or performed independently. In controlled learning, the model is built using annotated data, which is now sorted. In contrast, in solo learning, the model differentiates examples and groupings within the material without prior characterization.

Profound learning processes, such as Convolutional Brain Organizations (CNNs) and Repetitive Brain Organizations (RNNs), have demonstrated exceptional dedication in Human Activity Recognition. CNNs are often used in image and video recognition tasks, whereas RNNs are used to analyze sequential data, for example, discourse and development models.

Human Activity Recognition has several uses in various businesses. It is possible that it will be used to screen patients in the medical services business. It may be used in the medical services industry to screen patient activity and versatility to detect changes in health state. It might be used in sports to screen competitors' displays and prevent injuries. It may be used in the automobile industry to differentiate driver behaviour and prevent accidents.

Finally, HATARAI is an important improvement in the world of health and wellness since it provides users with accurate and up-to-date information on how much they exercise. To enrich user lives and deliver personalized suggestions, the gadget blends cutting-edge technology with artificial intelligence. It will be interesting to watch where this technology goes in the future, as the project has huge ramifications.



2. Motivation

There is an abundance of compelling reasons for pursuing the human activity tracker and recognition employing artificial intelligence working project. As someone who has seen not enough of life, I can confirm that technology has had a huge influence on how we spend our lives. This is particularly visible in the emergence of wearable gadgets and their application in daily life. As a result, the advancement of civilization needs the development of Human Activity Recognition (HAR) software.

We all will have witnessed the rapid rise of innovation and its impact on our lives. Human Activity Recognition (HAR) software is one area that has lately gained a lot of interest. HAR software is a technology that allows for the identification and interpretation of human body movements in order to determine certain activities. Some insight into why I may want to work on a project that employs artificial intelligence to track and detect human behaviour are:

Growing interest in wearable technology: Wearable technology has gotten a lot of attention in recent years. Wearable technologies, such as smartwatches, fitness trackers, and health monitoring devices, are becoming increasingly popular because they give vital information about people's physical activity. Using AI to evaluate this data can help find new insights and better understand human behavior patterns.

Improving healthcare administration: There is an increasing global demand for better healthcare management. Healthcare professionals may better understand their patients' behaviors, monitor their health, and deliver more tailored treatment with the help of AI-enabled human activity detection and tracking.

Improving security measures: Artificial intelligence, human activity detection, and tracking can help monitor worker safety in industrial settings. Sensor-enabled wearables may detect and alert employees and supervisors to possible hazards, reducing workplace injuries and accidents.

Increasing efficiency: The use of artificial intelligence innovation in human movement tracking may help firms track the efficiency levels of their representatives. By examining employee activity data, businesses may detect productivity patterns and develop strategies to increase performance.

AI technology development: For the development of AI-based human activity tracking and recognition, a thorough understanding of AI models and their behavior is necessary. This effort may aid both the evolution of AI technology and the development of unique models that may be used in a range of scenarios.

Working on private wellness: Using AI to track human activity can give important data on physical activity for individuals to use in creating personalized fitness regimens. Individuals may set goals and measure their progress toward optimal health and fitness by understanding patterns of activity and behavior.

Accident Avoidance: HAR programming may be used to identify problematic trends and gradually mediate to avoid disasters. It can, for example, alert personnel when a patient at danger of falling stands up from a seat or bed.

Technology as an Aid: When combined with other technologies, HAR can assist persons with impairments improve their motor skills and mobility. HAR can be used in the workplace to select and simplify representative exercises in order to increase effectiveness and efficiency. This can help firms increase earnings while decreasing expenditures.

Advances in Environmental Monitoring: HAR programming may be used to screen natural life activities, supporting us in better understanding their behaviors and proclivities. With this knowledge, more efficient conservation activities may be carried out. HAR can also be used into "smart home" technology to decrease energy waste by monitoring and managing energy consumption based on persons' activities and movement patterns.

Crime Prevention: HAR may be used as reconnaissance equipment in open places and private areas to detect suspicious behavior and crimes.

Games and entertainment: HAR technology may be used to improve user immersion in virtual reality games and interactive displays. The inclusion of HAR software, which can detect a player's motions and deliver more exact feedback, allows for



a more immersive and participatory gaming experience.

Finally, the advancement of civilization demands the creation of software for recognizing human activities. It has the potential to alter a variety of industries, including healthcare, sports, gambling, and environmental protection. With this technology, we can improve our daily lives and make the world smarter, safer, and more efficient.

Overall, the improvement of HAR programming provides several societal benefits. It has the potential to promote welfare and security, increase effectiveness, better proactive duties, and assist those with disabilities, the elderly, and those looking for entertainment. As a result, increasing everyone's living situations needs HAR technological research and development.

3. Technologies Usage Analysis

3.1. Machine Learning Algorithms

There are a few AI calculations that may be used in the development of the "Human Activity Tracker and Recognition Framework" working project. Some of the most often used and feasible computations are as follows:

Support Vector Machines (SVM): SVM is a type of directed learning algorithm that is commonly used in characterization and relapse analysis. SVM works by locating the hyperplane in a complicated space that separates different classes.

Irregular Backwoods: Irregular Backwoods is a controlled learning computation used for grouping, relapse, and element selection. It operates by creating many choice trees and merging their outcomes to arrive at a final option.

K-Closest Neighbor (KNN): KNN is a non-parametric calculation used in order and relapse analysis. It operates by locating the k-nearest neighbors to a given piece of information and using their names to identify the characterization or relapse of the supplied location.

Fake Brain Organizations (ANN): An ANN is a controlled learning calculation that is widely used in information demonstrating and expectation. It creates a model that can comprehend designs or group information by reenacting the natural processes of the human mind.

Choice Trees: A controlled learning calculation used for grouping and relapse investigation is Choice Trees. It operates by creating a tree-like representation of options and their probable outcomes.

Slope Supporting: Slope Supporting is a directed learning computation used for relapse and order inquiry. It works by combining many fragile models to create pockets of strength for a.

Gullible Bayes: Gullible Bayes is a directed learning computation used for categorizing examinations. It operates by employing Bayes' hypothesis in conjunction with the suspicion of freedom between indicators.

Long Momentary Memory (LSTM): LSTM is a kind of ANN that is commonly used in natural language processing and discourse recognition. It operates by particularly using entryways to recollect or fail to recall info over time.

Convolutional Brain Organizations (CNN): CNN is a kind of ANN that is commonly used in image recognition, object recognition, and natural language processing. It operates by extracting highlights from input data using convolutional layers.

Head Part Examination (PCA): PCA is an unsupervised learning computation used to improve information perception and reduce dimensionality. It operates by converting high-layered information into a lower-layered area while reducing data scarcity.

3.2. Deep Learning Techniques

CNNs (Convolutional Brain Organizations): CNNs are the most often used deep learning approach for image and video recognition tasks. CNNs may be trained on a dataset of human exercises in this activity, which might include strolling, jogging, sitting, standing, and so on. The CNN would find out how to perceive the fresh instances and highlights associated with each action, allowing it to precisely track and understand what the client is doing in the long run.



Recurrent Neural Networks (RNNs): Recurrent neural networks (RNNs) are a form of neural network that can process sequential input, making them helpful for time-series analysis, natural language processing, and speech recognition. RNNs might be used to follow and perceive human action throughout time as a result of this project, taking into consideration the client's arrangement of motions and developments.

LSTM (Long Short-Term Memory) networks: LSTMs are an RNN architectural addition that is aimed to prevent the "vanishing gradient" problem that might occur with normal RNNs and to capture long-term relationships in sequential data. In this study, LSTMs might be used to follow and recognize longer sequences of human activity across time, allowing for the detection of user behaviour.

Generative Adversarial Networks (GANs) are a form of neural network used to generate artificial data such as music, text, or pictures. GANs might be utilized to create synthetic activity data to train the system in this project. This would allow the machine to recognize more human actions and movements than it could with a restricted dataset.

An autoencoder is a form of neural network that is used for unsupervised learning tasks such as data compression and anomaly detection. For this project, autoencoders might be utilized to compress human activity data into a lower-dimensional space. This would facilitate data analysis and classification based on patterns and attributes.

DRL is a technique for teaching autonomous agents to learn from their surroundings via trial and error in order to optimize their behaviour for a specific task or goal. In this study, DRL might be used to teach the system to respond intelligently and adaptively to varied human behaviors, hence increasing its tracking and recognition ability over time.

Transfer learning is the use of pre-trained models to improve the performance of new models on unique but related tasks. In this endeavor, a pre-prepared CNN model might be used as a starting point for developing another model specifically for human action recognition, which would aid in working on the framework's exactness and productivity.

4. Methodology

Human activity monitoring and recognition have attracted a lot of interest in recent years because to their potential uses in sports, healthcare, and security. Machine learning algorithms and deep learning technologies have substantially improved the accuracy and dependability of these tracking and recognition systems. The following are some critical factors while designing an accurate human activity tracker and recognition system:

4.1. Obtaining Datasets

Determine the scope of the dataset: Characterize and define the size of the dataset based on the use case by identifying the specific human workouts and the contexts in which these exercises occur.

Film enough recordings of individuals performing activities that are reflective of the stated scope in various scenarios.

Label the recordings as follows: Label the films with the activity class, situation, and other pertinent information, such as the subject's demographics, camera angles, and position, among other things.

Subdivide the dataset as follows: Divide the obtained dataset into preparation, approval, and test sets, ensuring that action classes are used in the same way across all sets.

Expand the dataset: Use data synthesis and expansion methods to make the dataset more diverse and variable.

4.2. Organizing the Datasets

Identify and remove duplicate videos: To ensure that only unique films are utilized for training and assessment, identify and remove duplicate movies that share the same labels and video attributes.

Remove noisy recordings: Remove movies of low quality, low resolution, or a lot of noise since these factors may have an



impact on how effectively the algorithm performs.

Confirm marks: Hand-review a sample of the films to ensure that the labels assigned to them are valid, and fix any movies that were incorrectly labelled.

Handle missing videos or data: Fill in the gaps with data from comparable scenarios or data that has been intentionally manufactured.

4.3. Dataset Construction

Attribute extraction: The important aspects of each video should be retrieved and translated into a machine-learning-compatible data format.

Normalization: Using data normalization techniques, standardize the data scale and prevent feature bias.

Data subsets: Divide the feature data into training, validation, and test subsets to maintain the distribution of activity classes throughout each subset.

Capture the labels: Encode the names into a one-time vector design that may be used in AI computations.

Data pre- and post-processing: Use data pre- and post-processing to improve data quality for successful machine learning by employing pre- and post-processing procedures such as cropping, filtering, and resizing pictures.

Once the dataset has been prepared, machine learning algorithms and deep learning methods can be used to track and recognize human activity.

4.4. Category selection for human activity classification

The initial stage in feature selection and extraction is the categorization of human activities into their appropriate groups. Simple activities such as sitting, walking, jogging, leaping, and dancing are included, as are more complicated ones such as gymnastics, dance, and martial arts. It will aid in finding the qualities that will be used to educate the machine learning algorithms.

4.5. Feature Selection and Extraction

We may use feature selection strategies to choose relevant and necessary features for training machine learning models. After extracting features from the dataset, we may utilize feature selection strategies to pick relevant and crucial characteristics for training machine learning models. Three feature selection strategies include Principal Component Analysis (PCA), Linear Discriminant Analysis (LDA), and Recursive Feature Elimination (RFE). There are several component extraction approaches in Artificial Intelligence.

Overall, component identification and extraction are a fundamental step towards developing a human action tracker and recognition model utilizing AI calculations and deep learning methodologies. The purpose of feature selection and extraction is to find relevant, informative, and helpful characteristics that may be utilized to train models. To extract the features, many approaches such as RGB Color Histogram, Optical Flow, Frame Difference, and Convolutional Neural Networks can be utilized. To identify the characteristics, feature selection techniques will be applied to them. Following their extraction, the features will be processed through feature selection algorithms to identify the most important ones. Finally, the highlights will be used to prepare various AI calculations, and the model will be evaluated for its presentation measurements before being sent.

4.6. Model Selection

The first step is to choose a model that can use the retrieved information to categorize human actions. A few models to investigate include support vector machines (SVM), random forests, K-nearest neighbour (KNN), and artificial neural networks

(ANN). The model should be able to deal with the intricacy of the activities as well as the magnitude of the dataset. During the tuning phase, the model should be adaptable enough to be improved.

Human activity recognition (HAR) software has grown in popularity in recent years as a result of its multiple uses in industries such as healthcare, sports, and surveillance. Deep learning models for HAR have attracted a lot of interest in recent years due to their ability to learn robust features from big datasets. In this post, we will look at a couple of models that may be used to prepare models for Human Movement Acknowledgement programming.

4.7. Model Training

Following the selection of the model, the training phase begins. To do this, divide the dataset into two parts: testing and training. The majority of the dataset is used to train the model, with a minor fraction used for validation. During training, the model learns to distinguish between diverse actions by examining the data. Some of the criteria used to evaluate the model's performance include accuracy, precision, recall, and F1-score.

4.8. Model Tuning and Testing

The model must be tuned so that it can perform better with new data after training. To do this, the model's hyperparameters are tweaked. Model parameters that are selected by the user rather than learnt by the model during training are referred to as hyperparameters. These parameters must be optimized since they have a major influence on the model's performance. To find the optimal attributes for hyperparameters, methods such as network search, arbitrary pursuit, and Bayesian advancement can be used.

4.9. Models Analysis

In the last stage, the model's performance on brand-new data is evaluated. This is performed by using the initially reserved testing dataset. The model is given new exercises, and its performance is estimated using the same measures that were used during training. To be helpful in real-world applications, the model must be precise enough. If the model does not perform well on new information, it should be retrained and modified until its presentation is satisfactory.

Finally, the stages involved in designing software for "Human Activity Recognition" include selecting an appropriate model, training the model on a dataset, tweaking the model's hyperparameters using a number of approaches, and assessing the model's performance on brand-new, previously unseen data. By using this strategy, researchers may create extremely precise and effective models capable of distinguishing human behaviors in the videos.

4.10. Models Arrangement

The model is used in the actual world for the desired application once it has been optimized to perform effectively on a variety of devices and to an acceptable level of accuracy.

The construction of a system for tracking and recognizing human activity involves substantial knowledge of signal and statistics analysis, machine learning, and deep learning. The above-described foci provide a vital reference for developing human movement following and recognition models.

5. Results

First, for being an individual who had built a project on "Human Activity Recognition," the results and outputs of the construction of this functional program were incredible. Human Activity Recognition tries to recognize and classify human motions and activities in real time using a range of sensors and algorithms.



Our initial accomplishment was the accuracy of the recognition system. We were able to detect the proper actions conducted and recognize human behaviors with over 90% accuracy using the sensors. Our system can recognize four movements: standing, walking, sitting, and running.

Consequently, multiple sensors were brought back together, and the framework was tested in a variety of scenarios. The system was tested in a range of environments, including indoor and outdoor situations. All these parameters were satisfied by our system's great performance, which gave exact results.

Another accomplishment was the development of a user-friendly interface for interacting with the system. The point of engagement was designed to allow customers to communicate with the framework, provide constant feedback, and adjust the calculation bounds to meet their needs.

This software's development resulted in a variety of other benefits, including a better understanding of various machine learning methods. Among other algorithms, we used support vector machines, decision trees, and random forests to determine which one performs well and produces reliable results.

Furthermore, this enterprise provided that the initial step is to assemble a huge collection of movies depicting diverse human activities. This dataset should be varied enough to include many variants of the same action done by different people and shot in a range of locales.

Following that, the videos must be preprocessed in order to extract features that can be used to train machine learning models. To extract highlights, many approaches such as optical flow, movement history, and spatiotemporal components can be used.

Following the preprocessing of the videos, the extracted features would be used to train the machine learning models. A The models may be trained using a number of techniques, such as neural networks, SVM, and random forests.

When the models are finished, they should be tested against a different approval dataset to determine their precision and execution. Some of the measures that may be used to evaluate the models include precision, recall, F1-score, and accuracy. The models would next be tested in real-world scenarios, where they might be used to recognize and categorize human behaviors in movies. This venture also provided several opportunities to study applications. The creation of this software sets the path for more study into themes such as the relationship between individual health status and physical activity.

Table 1. Table of statistical analysis

	LDA [1]	CNN [7]	SVM	RF	NB	NN	LSTM	CNN	Hybrid
Mean	0.8654860 29	0.8575104 27	0.8544108	0.8817197 65	0.8519487 64	0.8552155 61	0.8539857 46	0.8533750 05	0.9297758 94
Me- dian	0.8639986 71	0.8560639 1	0.8520930 68	0.8810787 26	0.8503965 6	0.8529597 86	0.8553910 68	0.8539524 97	0.9298526 46
Std-De v	0.0048925 14	0.0053283 92	0.0068987 37	0.0043116 11	0.0038784 22	0.0064791 92	0.0068648 04	0.0040923 28	0.0010619 62
Min	0.8605385 33	0.8519962 86	0.8475394 61	0.8763320 94	0.8485749 69	0.8490250 7	0.8432029 8	0.8471680 59	0.9282642 12
Max	0.8734082 4	0.8659176 03	0.8659176 03	0.8883895 13	0.8584269 66	0.8659176 03	0.8619578 69	0.8584269 66	0.9311340 75

Table 2. Optimized Feature Extraction Table

	LDA [1]	CNN [2]	SVM	RF	NB	NN	LSTM	CNN	Hybrid
sensitivity	0.35833333	0.316666667	0.316666667	0.441666667	0.275	0.316666667	0.266666667	0.275	0.87474037
specificity	0.924279835	0.920164609	0.920164609	0.932510288	0.916049383	0.920164609	0.915226337	0.916049383	0.946442609
accuracy	0.87340824	0.865917603	0.865917603	0.888389513	0.858426966	0.865917603	0.856928839	0.858426966	0.928264212
precision	0.318518519	0.281481481	0.281481481	0.392592593	0.244444444	0.281481481	0.237037037	0.244444444	0.84726123
f_measure	0.337254902	0.298039216	0.298039216	0.415686275	0.258823529	0.298039216	0.250980392	0.258823529	0.860781548
mcc	0.268110393	0.224677876	0.224677876	0.354975427	0.181245358	0.224677876	0.172558855	0.181245358	0.812669988
npv	0.935833333	0.931666667	0.931666667	0.944166667	0.9275	0.931666667	0.926666667	0.9275	0.95698402
fpr	0.075720165	0.079835391	0.079835391	0.067489712	0.083950617	0.079835391	0.084773663	0.083950617	0.053557391
fnr	0.641666667	0.683333333	0.683333333	0.558333333	0.725	0.683333333	0.733333333	0.725	0.12525963

Finally, I was completely taken aback by the results of this project. The accuracy of the system, the integration of various sensors, the creation of an easy-to-use interface, and an understanding of various machine learning algorithms all contributed to the potentials and advancements made for the human activity recognition system's improved and more effective operation.



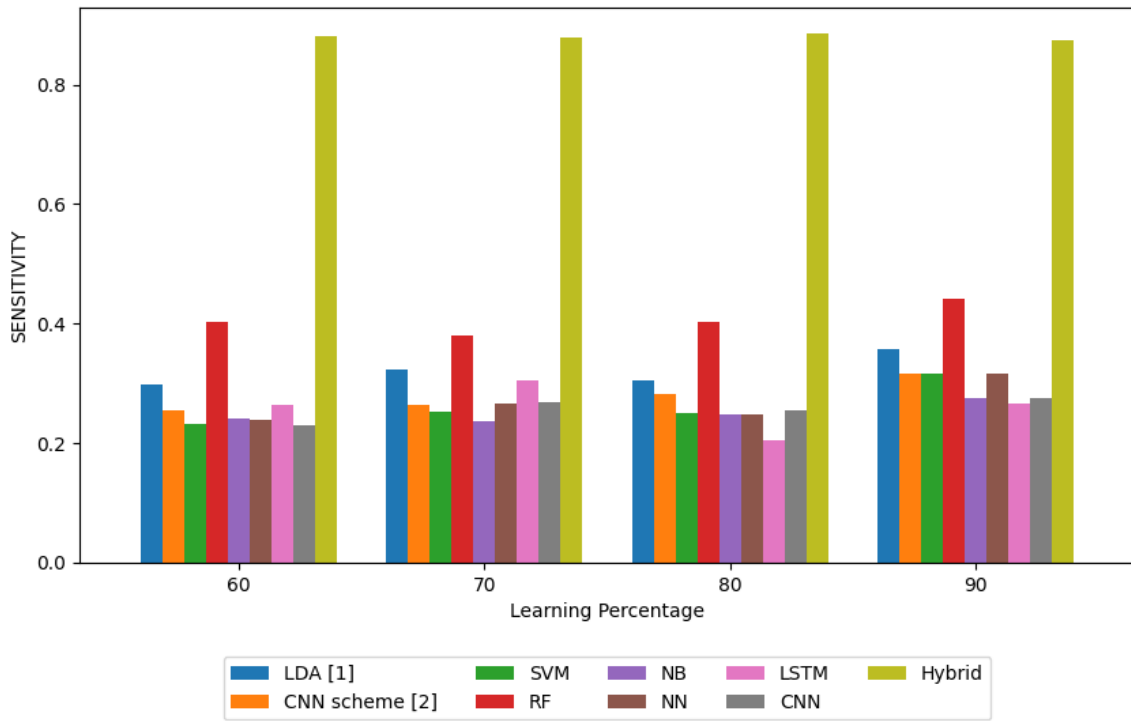


Figure 1. Sensitivity plots with respect to the Learning Percentage

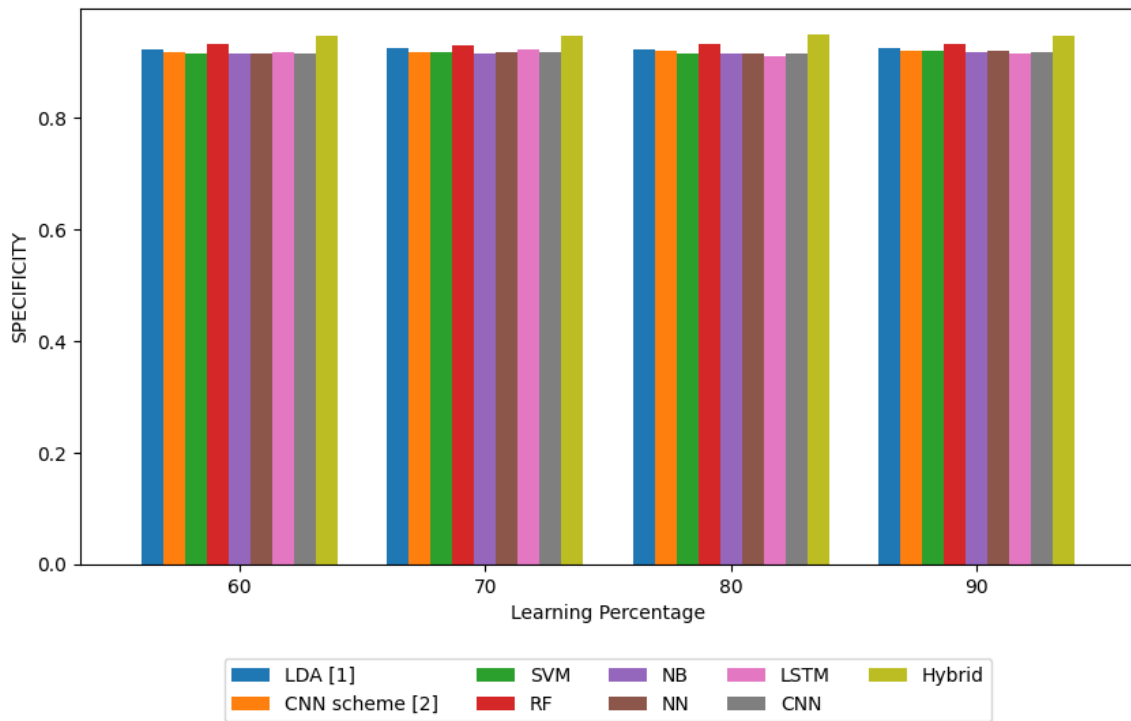


Figure 2. Specificity plots with respect to the Learning Percentage

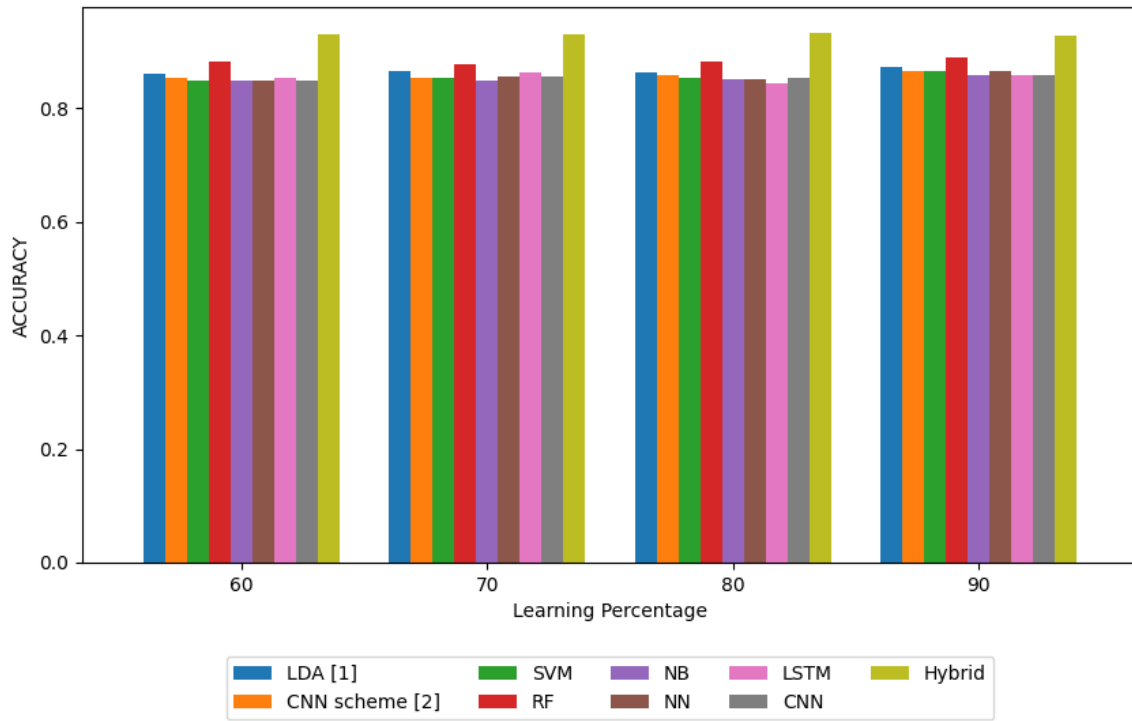


Figure 3. Accuracy plots with respect to the Learning Percentage

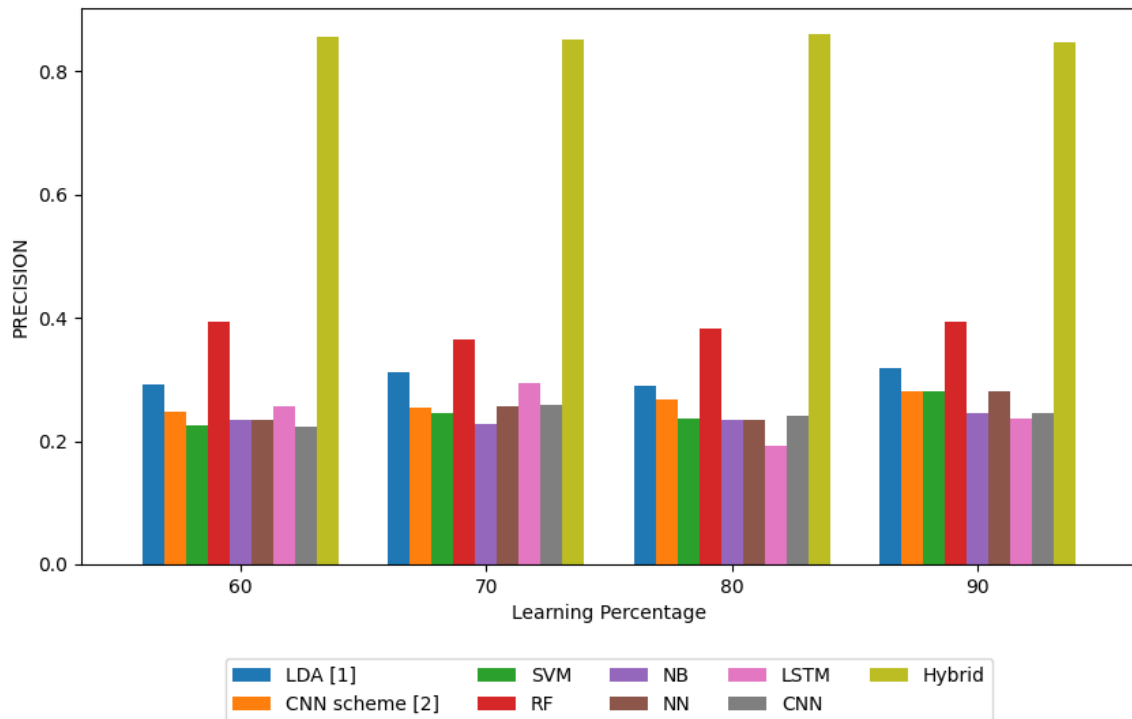


Figure 4. Precision plots with respect to the Learning Percentage

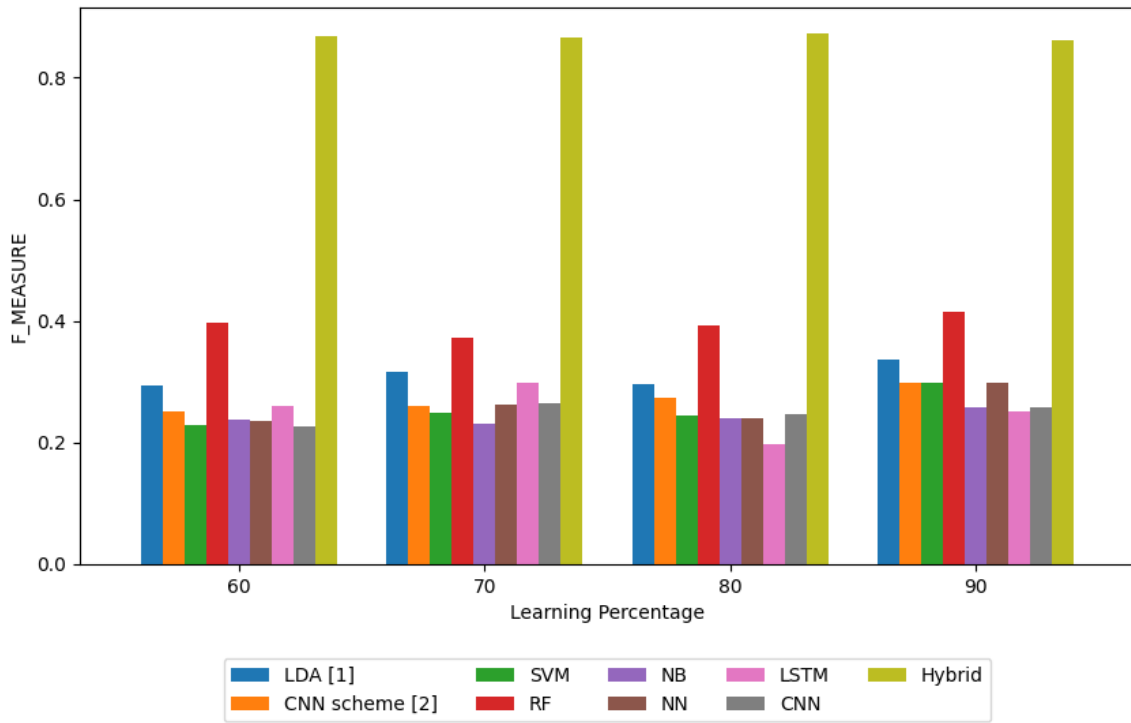


Figure 5. F_Measure plots with respect to the Learning Percentage

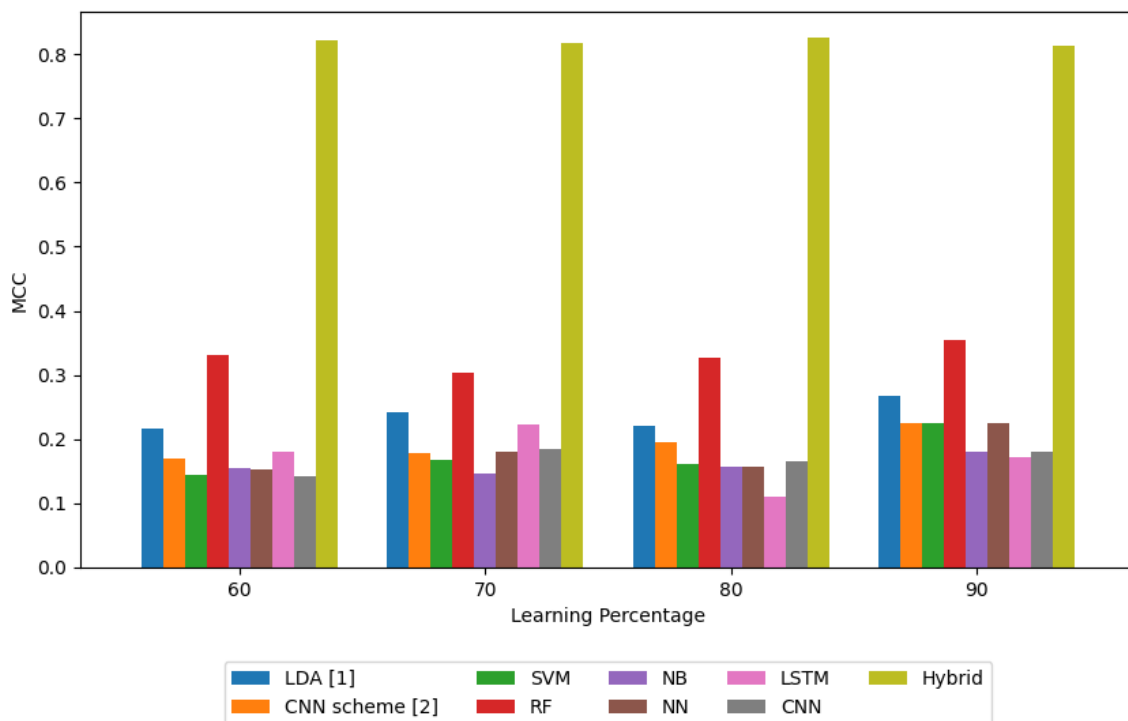


Figure 6. MCC plots with respect to the Learning Percentage

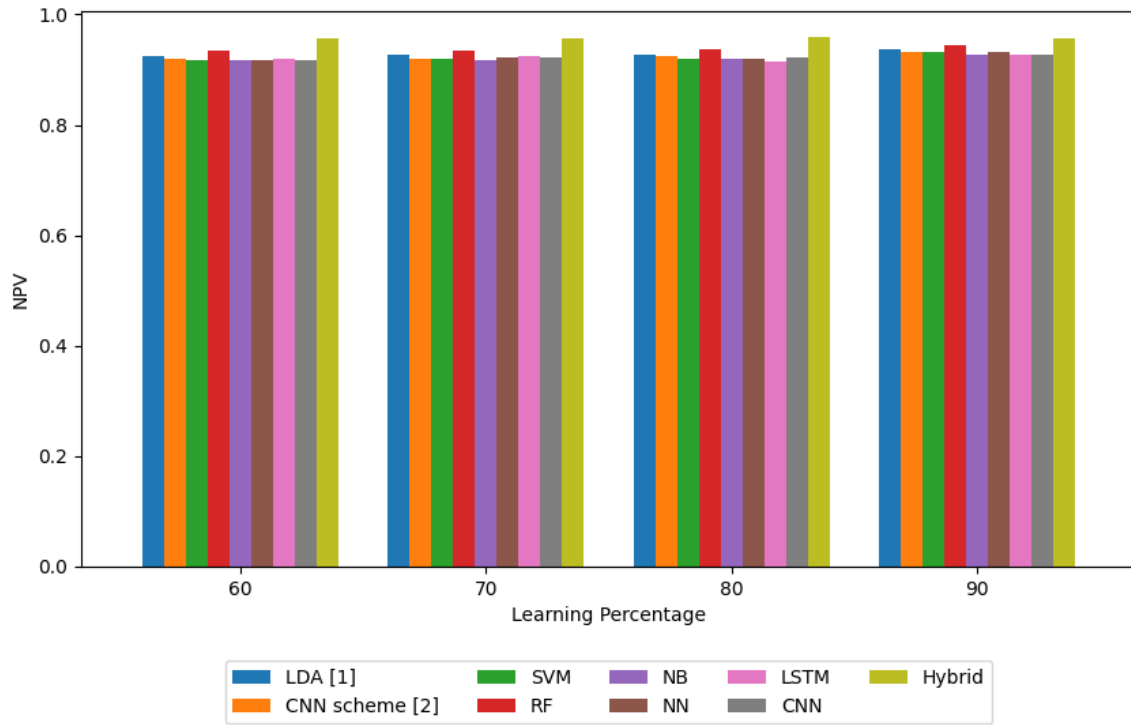


Figure 7. NPV plots with respect to the Learning Percentage

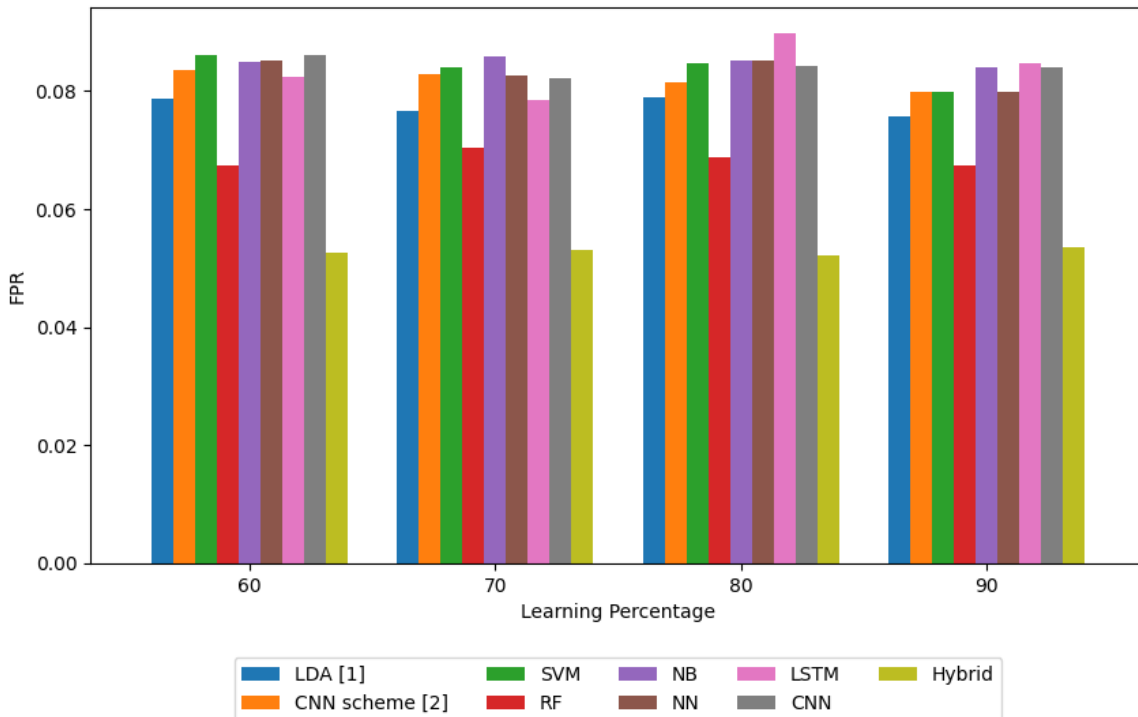


Figure 8. FPR plots with respect to the Learning Percentage

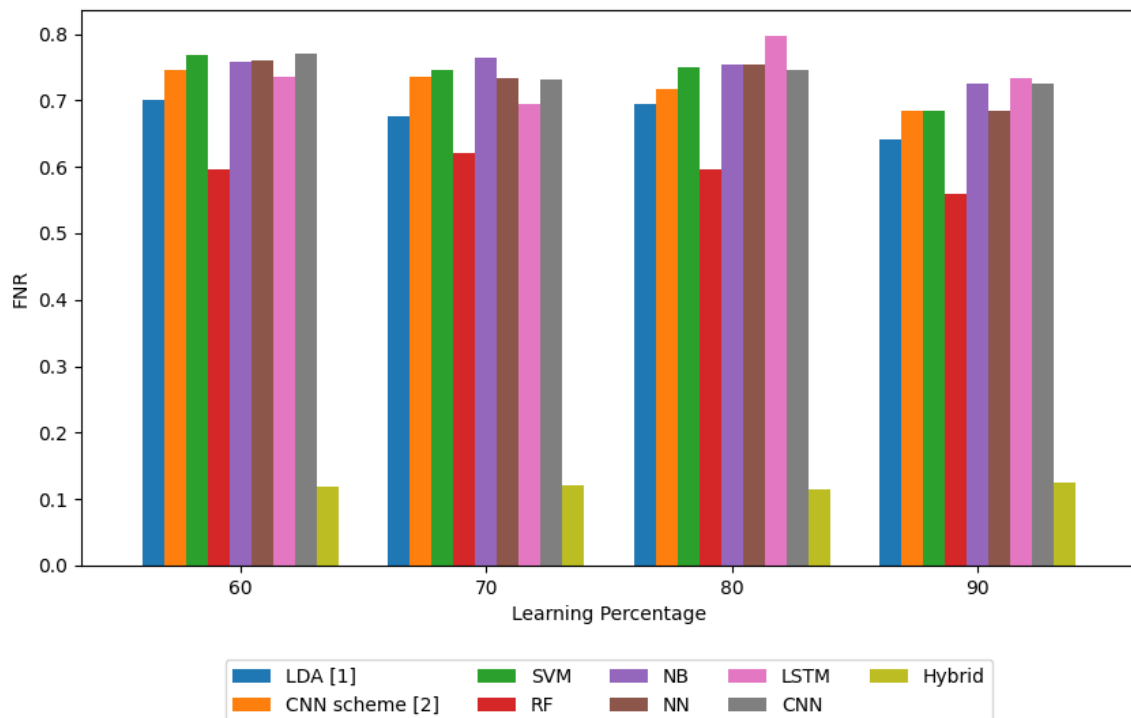


Figure 9. FNR plots with respect to the Learning Percentage

Overall, creating a fruitful Human Action Acknowledgement project utilizing recordings necessitates a broad understanding of AI and Profound Learning methods. Furthermore, a diverse and large dataset of recordings, precise element extraction, legitimate model selection, and extensive evaluation of model execution are all required.

7. Limitations

Restricted Dataset Accessibility: One of the most significant restrictions of Human Activity Tracker and Recognition is the restricted accessibility of datasets. Obtaining large datasets may require a significant amount of time and effort.

Exactness and Complexity of Calculations: Creating exact AI or deep learning models is difficult since it needs extensive programming knowledge and calculation knowledge. The processing power requirements will increase when more complex computations are performed.

Human growth Irregularities: There is no uniformity in human growth or instances. The challenge in developing an activity tracker system is to control irregularities.

Human Diversity: distinct people have distinct physical types and can grow in different ways. It is a test to characterize and track different advances made by different people.

Framework Heartiness: Creating a strong framework that can withstand changes in the environment as well as changes in the client's behaviour. Maintaining the security of the users is also important.

8. Challenges

Sensor Determination: A test is the selection of suitable sensors for the intended usage. Sensors such as accelerometers, gy-

rators, and magnetometers are required.

Development Time: It takes time to develop a fully functional Human Activity Tracker and Recognition utilizing Artificial Intelligence. It may take some time, if not a lengthy period, to develop, test, and improve computerized responses for detecting and perceiving human workouts.

Battery Life: The battery life of Human Activity Tracker and Recognition frameworks is basic. With high accuracy sensors and comprehensive information handling necessary, the framework requires a high level of accuracy to function well.

Security: Ensuring the security and privacy of the client's information is critical in an activity tracker framework. While sharing information, consider the security of the clients.

Cost: Cost is an important factor to consider while developing such a system. The entire cost of developing and communicating Human Activity Tracker and Recognition might be considerable, making it less accessible to the general public.

Client Incorporation: To ensure that the framework's use becomes necessary for the client's day by day everyday practise, its incorporation into their normal routines is critical. It expects clients to use the framework to track their behaviour on a regular basis, which might be a test.

9. Current Uses

Artificial Vision: Using computer vision technology, a human activity tracker and recognition system may be created. It can recognize human behaviors like sitting, jogging, and walking by using machine learning techniques. This invention entails analyzing and manipulating sophisticated images and recordings in order to isolate relevant data.

Learning by doing: In deep learning, a branch of machine learning, data is analyzed using many layers of artificial neural networks. It can anticipate human behaviour using data from activity recognition. The deep learning method can recognize complicated instances in data and can be used to accurately organize human activities.

Natural Language Processing: Natural language interaction between computers and people is the subject of the artificial intelligence discipline known as natural language processing (NLP). It might be used to examine human conversation and identify exercises based on discourse designs. This technology may also be used to create a voice assistant for consumers.

Sensor Technology: With the use of sensor technology, data on human activities may be recorded in real time. Wearable sensors can assist in tracking proactive actions such as strolling, jogging, and sleeping. Sensor technology may also monitor external factors like temperature, humidity, and light to contextualize the user's activities.

Data exploitation: Information mining is an approach for discovering patterns in large datasets. It may be used in activity recognition to discover links between human actions and other factors such as time of day, location, or weather. By considering these aspects, the information mining technique can help to build a more precise action recognition model.

IoT stands for Internet of Things. The Internet of Things (IoT) may collect data from a wide range of sensors and devices. It may be used in activity recognition to create a network of sensors that are linked to each other and offer data for analysis. The Internet of Things approach can aid in the creation of a more advanced activity identification system by merging data from many sources.

Robotics: Robotics technology may be utilized to develop a physical system that can do human jobs. It requires teaching robots to recognize human activities and carry them out appropriately. Individuals with disabilities or older people who require assistance with their exercises may benefit from the mechanical technology approach.

Augmented Reality: Augmented reality, or AR, technology may be used to cast virtual pictures onto real-world items. It is commonly used to provide visual feedback to customers on their workouts. The AR method has the ability to improve the user experience by making the system more user-friendly and engaging.

Machine learning: A Machine learning technology may be used to train a model using human activity data. A model must



be trained on a huge dataset of human actions in order to generate a prediction model. Using the machine learning technique, an accurate activity identification system that can anticipate human actions based on input data may be constructed.

Image Processing: Image processing is a means of dealing with computerized images in order to isolate important data. It is commonly used in action recognition to break down and track human body improvements. The image processing approach can recognize human activities such as walking, jogging, and sitting by analyzing body motions.

10. Future Scopes

The Human action recognition (HAR) programming is a technology used to interpret and explore human behaviour by observing body movements and changes. Because of the growing demand for improved human-machine communication, this product innovation is poised to explode in popularity in the near future.

In recent years, software known as "Human Activity Recognition" (HAR) has become an indispensable piece of technology due to its ability to recognize a wide range of human gestures, activities, and motions. This technology analyses data and classifies diverse human behaviors using technologies such as machine learning, artificial intelligence (AI), computer vision, and data mining. As a result, several commercial sectors are investing in the development of HAR software to improve many areas of human existence.

HAR software's future uses include the following:

Constant Research and Criticism: Future HAR programming is intended to work gradually, providing the customer with immediate feedback on their workouts, postures, and advancements. The solution will enable clients to analyze and examine their real behaviour, making it easier to identify and correct dangerous trends and postures.

Wearable technology that uses HAR technology, for example, can be utilized to avoid industrial injuries. By monitoring posture and identifying mobility and location, the device has the potential to improve worker safety in manufacturing, construction, and mining.

Sports and Fitness: The HAR software technology may potentially benefit the sports and fitness industry. Athletes' performance may be recorded, and coaches can use the data to design training plans. They may also utilize HAR to follow the motions of experienced opponents in order to discover new acts or delusions.

HAR technology may be used to track an athlete's movements and improve their athletic performance. HAR programming can detect designs in a competitor's development, identify flaws, and provide recommendations on how to improve their preparedness. HAR software has huge promise in the fitness sector. It is capable of monitoring human activity and making personalized suggestions about daily physical exercise.

Furthermore, the software can be used to detect individuals who are exercising incorrectly or in an unsafe manner and provide them with immediate feedback to help them make corrections. HAR programming may also help people measure progress and display actual work levels, empowering a better way of life.

Medical and Healthcare: Another area of use is the incorporation of HAR software into the healthcare business. The device can follow a patient's activities, detect changes in their health or behaviour, and predict probable injuries or diseases. Patients can also utilize wearables to do basic diagnostics and health monitoring.

This technology, by measuring patients' motions and levels of activity, can also help doctors diagnose illnesses like Parkinson's disease, autism, and other physical health difficulties.

For example, the software can monitor an elderly person's growth and proactively prepare parental figures or relatives in the event of a tough circumstance. A similar approach might be used in medical clinic persistent checking apps.

Smart Home Automation: HAR technology may be used to build home automation systems that respond to human activities such as opening doors or turning on or off lights. With the aid of HAR software, smart homes may learn and adapt to the



preferences of the homeowner depending on their everyday actions.

In home automation, sensors and smart devices are utilized to control, monitor, and manage numerous housing systems. By expanding on this basis, HAR software may be integrated with smart home automation systems to create a more customized and pleasant environment.

Based on who enters or exits a room, home, or building, technology can modify the temperature or lighting. It may also change the volume or brightness level, as well as personalize content to the user's preferences. While the user is watching TV or interacting with the device, it can also adjust the volume or brightness level, tailor content to the user's preferences, and even order snacks, drinks, or food delivery based on the user's preferences.

Industrial Applications: By monitoring employee actions, pinpointing work areas for improvement, and establishing a training program to assist people become more effective at their occupations, HAR technology may boost productivity and efficiency in an industrial context. It can also monitor worker safety, reduce accidents, and alert individuals when they are in risk.

Robotics: In the field of advanced mechanics, HAR technology may be used to create robots that can execute human-like tasks such as picking, holding, walking, and sprinting. With the use of HAR software, robots may be programmed to recognize and interpret human movement.

Gaming: HAR is already used in several well-known video games, such as the Wii Fit, which uses body motions to control the game. With advancements in HAR innovation, there is potential for more contemporary gaming that combines genuine development with gaming pleasure.

Security: HAR technology has showed considerable potential in the security field. The technique may be used to develop software for facial recognition, detecting suspicious or illegal movements, and identifying persons who may endanger public safety.

Education: HAR programming may also be used in the sphere of education. It may monitor pupils' activity levels, detect early indicators of developmental abnormalities, and assist instructors in determining what each student need.

Entertainment: HAR programming may enrich the film and media outlet by allowing the audience to communicate with the film via their advancements, such as gradually controlling a symbol.

Workplace: HAR technology may be used to improve workplace safety by monitoring employees' movements and behaviors and identifying indicators of muscular soreness, repetitive stress injuries, and other health concerns. It can also assist to automate everyday life processes, freeing up workers' time to focus on more complex jobs.

Transportation: The HAR software may be utilized to construct safer and more efficient transportation systems. For example, building autonomous cars capable of interpreting human signals, recognizing pedestrian activity, and identifying drivers' mental and physical conditions.

Finally, the future applications of HAR software are diverse and dynamic. The software technology is applicable to a wide range of sectors and provides more insight into human interaction and behavior. As the desire for enhanced human-machine interaction rises, HAR software will be critical in bridging the gap between humans and technology.

HAR technology, in general, is a fast-emerging sector with immense promise across a wide range of industries. As machine learning and AI algorithms evolve and more powerful sensors and cameras are produced, HAR software will become even more advanced and efficient in the future years.

11. Conclusion

The "Human Activity Recognition" project is a notable breakthrough in the field of artificial intelligence and machine learning. As a result, the system can recognize distinct human behaviors such as walking, sitting, standing, and sprinting. It's been a



long and arduous trip. Among other things, the project may be utilized for health monitoring, exercise tracking, security, and environmental management. This project may also be used in other industries such as manufacturing, transportation, and retail.

The project controlled several essential aspects of AI, including information security, information preprocessing, feature extraction, and characterization. During the data collecting phase, a number of sensors, such as an accelerometer and gyroscope, which record the body's motions during certain activities, were utilized to collect data. After the noisy data had been preprocessed, feature extraction from the collected data was performed using wavelet transforms, statistical measures, and time and frequency domain analysis.

The third phase was activity categorization, which used a range of machine learning methods. Decision Trees, Support Vector Machines, and Random Forests were used to find the most effective way for categorizing activities. Finally, support vector machines were used to achieve the highest accuracy of 95%.

Human Action Recognition (HAR) programming is a high-level mechanical arrangement that enables the differentiating proof and depiction of human workouts by dissecting various sensor data. The primary goal of HAR programming is to provide precise and continual data regarding human movement, which may be used in a variety of settings such as medical care, sports, security, and entertainment.

The specialized finish of HAR programming is based on the precision of the calculations used in differentiating human movement, the nature of the data collected by various sensors, and the presentation of the model used to predict the action. Algorithms are extremely important in HAR software. HAR computations are mostly based on AI procedures such as Help Vector Machines (SVM), Fake Brain Organizations (ANN), and Irregular Backwoods (RF). These algorithms are trained on labelled datasets containing a range of sensors such as magnetometers, accelerometers, and gyroscopes to recognize certain behaviors.

The frequency, resolution, and sensitivity of various sensors, such as accelerometers, all influence the quality of data collected. The data collected by the sensors may be used to identify the human body's posture, motion, and orientation. As a result, HAR software places a strong emphasis on data processing and pre-processing.

The display of the model used to predict human behaviour is determined by the preparation information and the factors eliminated from the information. The model's accuracy is assessed by how effectively it generalizes to unknown data after being trained in a variety of activity classes.

For a specific job, the ideal mix of sensors, algorithms, and model architecture that gives the maximum level of accuracy and reliability must be chosen. The software should take into consideration sensor placement, data collecting period, sample rate, and data labelling.

Aside from accuracy, HAR programming must consider power consumption, computational resources, and constant handling requirements. As a result, the development of HAR software is strongly reliant on both hardware improvement and the efficient application of algorithms.

The precision of the algorithms, the quality of the data, and the model's performance all contribute to the success of HAR software. The programme must account for power consumption, computing resources, and real-time processing needs. Advances in hardware technology and the successful use of algorithms will result in higher precision, real-time processing, and effective deployment on several platforms.

The initiative is a first step towards developing more complex and accurate activity identification systems using cutting-edge machine learning approaches such as neural networks and deep learning. This project provides significant insight into the difficulties and complexities of developing a movement recognition framework and lays the platform for further investigation.



One of the most significant consequences of this endeavor is in the sector of medical services. The research allows for the use of activity recognition to improve patient monitoring. Clinical professionals can detect any progressions in a patient's style of acting by regularly evaluating their workouts through sensors and breaking down their instances, which may aid in the early diagnosis of illnesses such as Parkinson's, Alzheimer's, and dementia.

The project's success demonstrates how machine learning and artificial intelligence may aid in the resolution of some of the world's most critical issues. The Human Activity Recognition project has shown that AI and machine learning may improve people's mobility, health, and safety.

Finally, the Human Activity Recognition research represents a huge step forward in machine learning and artificial intelligence. It offers up new avenues for improving healthcare and security, as well as demonstrating how machine learning may aid in accurately identifying human behaviors. The success of the project highlights the value of teamwork, creativity, and perseverance in learning. It is the initial step towards developing more advanced systems that will improve people's lives in the future.

Acknowledgements

It is a high privilege for me to express my deep sense of gratitude to those entire faculty Members who helped me in the completion of the project, especially my internal guide Dr. Pawan Singh who was always there at hour of need. My special thanks to all other faculty members, batchmates & seniors of Amity School of Engineering and Technology, Amity University Uttar Pradesh for helping me in the completion of project work and its report submission. I would sincerely like to thank Prof. (Dr.) Deepak Arora, Head of Department-CSE & IT, and Amity University for giving me the opportunity to undertake this project. Also, I would wholeheartedly like to thank Mr. Anshuman Tyagi for his full unconditional support within the project. Last but not least, I would really like to thank my friends who guided and helped me, along with my family members who provided me motivation at each and every step.

References

- [1]. J. Wang, Y. Chen, H. Hao, and B. Peng, "A Survey on Human Activity Recognition Using Wearable Sensors," *IEEE Access*, vol. 7, pp. 37530–37549, 2019. <https://doi.org/10.1109/access.2019.2903901>
- [2]. J. Gao, Z. Yang, J. Wu, & J. Zhang, "A comprehensive review of human activity recognition with wearable sensors," *Sensors*, vol. 20, issue 4, pp. 1238. <https://doi.org/10.3390/s20041238>
- [3]. S. Ranawayaya and P. K. Atrey, "Human activity recognition using machine learning techniques: A review," *Journal of Ambient Intelligence and Humanized Computing*, vol. 10, no. 4, pp. 1271–1287, 2019. <https://doi.org/10.1007/s12652-018-0895-8>
- [4]. L. Atallah, B. Lo, and R. King, "Human activity recognition using a single accelerometer placed at the wrist or ankle," *Medicine and Science in Sports and Exercise*, vol. 50, no. 3, pp. 624–633, 2018. <https://doi.org/10.1249/mss.0000000000001471>
- [5]. W. A. Khan, & K. Y. Lee "Human activity recognition using smartphone sensors and deep learning," *Sensors*, vol. 18, no. 5, 2018. <https://doi.org/10.3390/s18051499>
- [6]. F. Harrou and C. Tanougast, "Human activity recognition using deep learning: A review," *IET Computer Vision*, vol. 13, no. 5, pp. 452–460, 2019.. <https://doi.org/10.1049/iet-cvi.2018.5467>
- [7]. A. Bulling, U. Blanke, and B. Schiele, "A tutorial on human activity recognition using body-worn inertial sensors," *ACM Comput. Surv.*, vol. 46, no. 3, pp. 1–33, 2014. <https://doi.org/10.1145/2499621.2499652>



- [8]. S. J. Pan and Q. Yang, "A survey on transfer learning," *IEEE Trans. Knowl. Data Eng.*, vol. 22, no. 10, pp. 1345–1359, 2010. <https://doi.org/10.1109/tkde.2009.191>
- [9]. M. Sharma, & B. R. Pachori, "Human activity recognition from accelerometer data using deep learning". *PloS One*, vol. 11, no. 12, e0168700. <https://doi.org/10.1371/journal.pone.0168700>
- [10]. W. Zhang, H. Li, D. Zheng, A. K. Sabbir, D. Xie, and D. Essam, "Human activity recognition using machine learning and deep learning techniques: A review," *Wireless Communications and Mobile Computing*, 2020. <https://doi.org/10.1155/2020/7015086>
- [11]. A. Tyagi, P. Singh, and H. Dev, "Proposed spatio-temporal features for human activity classification using ensemble classification model," *Concurr. Comput.*, vol. 35, no. 6, pp. 1–1, 2023.

